

OCEANSIDE ICE ARENA



OCEANSIDE ADULT HOCKEY LEAGUE HANDBOOK



SECTION A – LEAGUE INFORMATION

1. OAHL Management

- Adam Mims – Adult Hockey Director
Office (480) 941-0944 x.11 - adam.mims@oceansideicearena.net
- Crystal Koontz – Assistant Adult Hockey Director
Office (480) 941-0944 x.10 - crystal.koontz@oceansideicearena.net
- Brad Priest – D League Director and Head Coach
Office (480) 941-0944 x.14 - brad.priest@oceansideicearena.net
- Jarred Smith – Assistant Adult Hockey Director
Pro Shop (480) 941-0944 x.12 - jarred.smith@oceansideicearena.net

2. OAHL Advisory Board

- Adam Mims
- Crystal Koontz
- Brad Priest
- Jarred Smith
- Sean Whyte (DYHA Coach-in-Chief)
- Scott Ferris (AHS/ ARC Head Coach)
- Current team captains

3. OAHL is a non-checking USA Hockey-sanctioned adult hockey league

- OAHL is governed by 2013-17 USA Hockey Official Rules of Ice Hockey
- Review the USA Hockey rulebook at usahockey.com
- OAHL reserves the right to strengthen USA Hockey rules

4. League Eligibility

- Men and women 18 years of age and older
- Must have completed Oceanside Ice Arena registration and be assigned to a team roster
- Must have a current Adult/Coach USA Hockey membership
- Must be in good standing with Oceanside Ice Arena, Desert Youth Hockey Association, and Arizona Amateur Hockey Association (state sub-affiliate of USA Hockey)
- Players are expected to play in a league commensurate with their skill level. OAHL reserves the right to determine a player's skill level and to deny a player participation in a league that is above or below that player's skill level.

5. League Registration and Payment

- All players are required to have a completed registration form online or on file at Oceanside Ice Arena.
- All players are required to have a current Adult/Coach membership with USA Hockey. USA Hockey registration can only be completed online at usahockey.com.
- All players must be paid in full or have an agreed-upon payment plan in place.
- Payments can be made online at oceansideicearena.net or in person with Mastercard, VISA, American Express, Discover, Cash or Check.
- Players receive a 50% discount on each additional league if they pay for their original league in full. All additional leagues must be paid in full prior to the first game.

- Goalies receive a 50% discount on league fees with exception to D League. D League goalies pay in full.
- Returned checks are subject to a \$25 fee.
- Please retain the payment receipt for proof of payment.
- O AHL enforces a strict NO PAY, NO PLAY policy.

6. League Refund/ Credit Policy

- Refunds and credits will be granted on a case by case basis. Refund/ credit requests must be made by email to the League Director
- A refund or credit may be granted for an injury that requires a player to miss at least 50% of the season. Documentation may be requested to verify the injury.
- A refund or credit may be granted in the event a player's employment requires that the player permanently move or temporarily work out of state which results in the player missing at least 50% of the season. Documentation may be requested to verify the job relocation.
- Refunds and credits are not granted for suspensions or expulsions from the league.
- Refunds and credits are not granted for injuries caused by a player fighting or doing any other prohibited activity on or off the ice.
- Refunds and credits are not granted for not showing up to games.
- O AHL reserves the right to deny any request for a refund or credit.

7. Reservation of Rights

- O AHL is committed to providing a safe hockey league. O AHL reserves the right to suspend, expel, or otherwise deny any player from playing that O AHL determines, in its sole discretion, to be detrimental to the safe operation of the hockey league.
- O AHL reserves the right to review, alter, add, or delete its rules and procedures at any time. Teams and players are encouraged to check the Oceanside Ice Arena website for the latest version of the handbook
- O AHL reserves the right to consider special circumstances in regards to its rules and procedures. In order to protect the integrity of the league O AHL may alter rules and procedures without notice if it is in the best interest of the league as a whole.

SECTION B – LEAGUE RULES AND PROCEDURES

1. Regular season game format

- 4 minute warm-up period
- Three 15 minute stop time periods
- Tied games at the end of regulation are decided by a 3-player NHL format shootout.

2. Playoff game format

- 4 minute warm-up period
- Three 15 minute stop time periods
- Tied games at the end of regulation go to a 10 minute sudden-death 5-on-5 stop time period. If still tied at the end of OT the game is decided by a 3-player NHL format shootout.

3. Running Time/ Mercy Rule

- If at any time during the game an 8 goal differential exists the game will go to running time. If the differential becomes less than 8 goals the game will return to stop time.
- A game may go to running time or be prematurely ended if the OAHL supervisor on duty determines that a game is getting too dangerous or will not finish in the allotted time as a result of excessive penalties and/or unsportsmanlike conduct.

4. Uniforms and Equipment

- All players must wear a HECC approved helmet with proper straps, elbow pads, shin guards, gloves, and hockey skates. Shoulder pads, hockey pants, facemasks/ visors, and mouth guards are not required but HIGHLY recommended.
- All players on a team must wear the same color jersey with a unique number.

5. Team Representatives

- Each team must have an appointed team representative who will coordinate via email and phone with OAHL management

6. Roster

Teams comprised of players paying individually:

- Team may roster up to 18 players including the goalie (17 players, 1 goalie).
- Team is required to have a minimum of 15 full-time paid players (1 of these can be the half-price goalie).
- Team may roster up to 3 additional players as "subs".
- Subs are required to pay \$30 per game prior to the game. They can pay in person at the game or call prior to the game to pay by phone.

Teams paying the team fee:

- Team fee must be paid in full prior to the first game in one transaction.
- Team may roster up to 18 players including the goalie (17 players, 1 goalie)
- No distinction between full-time players and subs therefore no \$30 sub fees.

7. Minimum # of games played for playoffs/ roster freeze date

- To be eligible for playoffs a player must play in a minimum of 1/3 of the games during the regular season.
- All rosters are frozen after the 2/3 point in the season unless permission is granted by the OAHL.

8. Substitute Players

- ONLY rostered players may play in OAHL games. Subs that are not rostered may not play. Subs may not play until rostered and approved by the OAHL.
- In addition to being rostered, subs must be evaluated and approved to be of appropriate skill level for the league in which they are playing.
- There are exceptions to this rule. For example, if an ex-teammate comes back to town for the week or returns from overseas or somebody's brother/sister is visiting and would like to join us for a game then email or call the League Director to ask for permission. If the proposed player is of the appropriate skill level for the league, is registered with Oceanside and USA

Hockey, and pays the \$30 sub fee then we will do our best to accommodate this type of request.

9. Substitute Goalies

- Sub goalies do NOT need to be rostered during the regular season and they do NOT pay the sub fee of \$30. However, in playoff games any sub goalie must be pre-approved by the League Director. Sub goalies DO need to be Oceanside Ice Arena and USA Hockey registered.

10. Illegal Players are those that meet any of one of the following:

- Not registered with Oceanside Ice Arena
- Not currently registered with USA Hockey
- Not in good standing with Oceanside Ice Arena, Desert Youth Hockey Association, or Arizona Amateur Hockey Association
- Not rostered on the team for which they are playing
- Not current in regards to league fee payments
- Suspended one or more games
- In playoffs- did not play the minimum number of regular season games to be eligible
- If an illegal player does participate then that game will be declared a forfeit win for the opposing team. The opposing team will receive a 1-0 forfeit victory in the standings. Regarding statistics, both team's penalties and goalie shots will be recorded but only the non-forfeit team's goals and assists will be recorded.

11. Officials and Scorekeepers

- Referees and scorekeepers are contracted by OAHL from the Arizona Hockey Officials Association (AHOA)
- AHOA is the only officials association sanctioned to do USA Hockey games in AZ

12. Rules Governing Play

- OAHL is a USA Hockey sanctioned adult league
- OAHL is governed by USA Hockey adult 2011-13 rules UNLESS strengthened by specific OAHL rules included in this handbook

13. Penalties

- Minor penalty – 2 minutes
- Major penalty – 5 minutes
- Misconduct penalty – 10 minutes
- Game Misconduct penalty – 10 minutes plus ejection from that game plus suspension for at least 1 additional game.
- Match penalty – 5 minute Major penalty plus 10 minute Game Misconduct penalty plus ejection from that game. Officials submit Match Penalty Report to USA Hockey, Arizona Amateur Hockey Association, and OAHL. AAHA Disciplinary Committee has up to 30 days to schedule a hearing during which time the player is suspended from all USA Hockey activities. Match penalty suspensions are typically 30 days to 1 year.

- Three (3) penalties rule – modified 401(b): Upon being assessed a third penalty in the same game the player is immediately ejected from the game with no further suspension unless one of the penalties is a Major penalty or Game Misconduct penalty that warrants suspension.
***This OAHL rule strengthens the USA Hockey rule 401(b) that uses 5 penalties as the maximum.

14. Excessive Penalties in Minutes (PIMs)

- Any player who accumulates an excessive total of PIMs is subject to supplemental discipline including, but not limited to, a hearing with the OAHL advisory board or Director, suspension for games, and expulsion from the OAHL.

15. Major Penalties/ Game Misconducts/ Match Penalties

- All Major penalties, Game Misconducts, and Match penalties are reviewed and investigated by the League Director. When necessary the OAHL Advisory Board will be consulted.
- Game Misconduct penalties carry a minimum 1 game suspension. Depending on severity and frequency the suspension could range from 1 game to league expulsion.
- Behavior off the ice but on still on property is subject to Game Misconduct penalties and suspension.
- Suspensions must be served in the player’s next scheduled game in the same league in which the suspension occurred.
- OAHL supervisor will call Tempe police if it is determined that a player has committed an act either on the ice or off the ice that is possibly a violation of state laws. Oceanside Ice Arena will aid in prosecution if pressing charges is necessary.

<u>VIOLATION</u>	<u>FREQUENCY</u>	<u>PUNISHMENT</u>
3 penalties in one game	1st offense of season	Ejection from that game
3 penalties in one game	2nd offense of season	Ejection from that game
3 penalties in one game	3rd offense of season	Ejection from that game plus 1 game suspension
Minor Penalty		2 minutes
Misconduct Penalty		10 minutes
Major Penalty		5 minutes plus automatic Game Misconduct Penalty
Game Misconduct Penalty	1st offense of calendar year	Ejection from that game plus minimum 1 game suspension
Game Misconduct Penalty	2nd offense of calendar year	Ejection from that game plus minimum 3 game suspension
Game Misconduct Penalty	3rd offense of calendar year	Ejection from that game plus expulsion from league for up to 1 year
Match Penalty	1st offense	Automatic Game Misconduct Penalty plus minimum 30 day suspension up to
		lifetime ban upon conclusion of hearing by AAHA Disciplinary Committee

16. Fighting

- Fighting is not tolerated in OAHL. Fighting is a major penalty with a mandatory Game Misconduct penalty. A fighting penalty results in the player getting ejected from the game plus serving at least a 1 game suspension for the Game Misconduct penalty.

17. Checking

- OAHL is a non-checking league. Depending on the severity, checking will result in a Minor penalty up to a Major penalty with Game Misconduct.

18. Icing

- Center red line is used for icing calls.

19. Forfeits

- OAHL considers forfeits to be unsportsmanlike to your opponent and are to be avoided at all costs. A forfeit is declared if a team uses an illegal player or has less than 6 players (5 players and 1 goalie or 6 players and no goalie) in attendance.
- If a game is played that is later deemed a forfeit then the forfeiting team is awarded the loss and gets credit for 0 goals scored for standings and player stats. The non-forfeiting team is awarded the win and gets credit for a 1-0 victory.

20. Standings

- Standings are determined by points, then wins, then head-to-head record, then goal differential, then fewest PIM, then coin flip.
- A win in regulation or shootout is 2 points, a loss in shootout is 1 point, and a regulation loss is 0 points.