

CAHL HANDBOOK

Rev. 07/2014





PLAYER HANDBOOK

COYOTES ADULT HOCKEY LEAGUE – Ice Den Scottsdale
CHANDLER ADULT HOCKEY LEAGUE – Ice Den Chandler

This handbook has been assembled for the participants of the Coyotes Adult Hockey League AND the Chandler Adult Hockey League (collectively referred to as the CAHL). The rules, regulations and policies herein have been reviewed and approved by the CAHL Commissioner. Team representatives provided suggestions, shared insight and voted on many of the items through the years to shape and reflect the spirit of the league to ensure its goal to provide:

A fun, challenging and safe program for recreational adult hockey.



INTRODUCTION

The Ice Den Scottsdale, Ice Den Chandler and the CAHL welcome you to an exciting and unique brand of adult recreational hockey programming for players of all skill levels ages 18 and older. All CAHL divisions are non-checking.

It is our goal to exceed your expectations and provide you with a highly energized atmosphere for teamwork and quality hockey development.

PHILOSOPHY

The CAHL will strive to create a variety of exciting seasonal adult programs that are founded on the emphasized principles of safety, fair play, sportsmanship, and camaraderie.

HISTORY

The Ice Den's CAHL has been the premier league for Adult Hockey in Arizona since 1998. The CAHL Scottsdale has grown through the years and currently includes 50 teams across six skill divisions with over 700 enrollments in 2014. The league has been the proud home to the 6-time USA Hockey Over-30 National Champion CAHL Sr. Coyotes (2001, 2002, 2003, 2006, 2007 and 2008).

In the fall of 2014, the Ice Den Family will expand to include the Ice Den Chandler facility and the CAHL will grow to include over 110 teams between the two locations providing adult recreational hockey to over 1500 participants.

SEASON OVERVIEW

Adult Hockey is played year-round at the Ice Den facilities. The CAHL is divided into two seasons: Fall/Winter season runs approximately early September through the end of February, followed by the Spring/Summer season that typically runs from mid-March through mid-August. Traditional holidays are observed and occasional breaks are scheduled based on facility schedules, youth tournaments and other special events. Each team is scheduled to play 21 games. Generally most divisions will play 18 regular-season games and three guaranteed post-season games. Schedules are subject to change based on number of teams per division and playoff structure. Champions are determined at the end of each season. All games are non-checking and USA Hockey sanctioned events.

Many of the teams in the CAHL have played together in the valley for a decade or more. New players are always welcome to join the league and new player evaluations are held prior to the start of each new season. Representatives from each team are encouraged to attend these sessions to assist with evaluating and/or scouting new players to fill any roster openings. New teams looking to join the league can contact CAHL Administration to be placed on a waiting list and will be added on a space-available basis.



In January 2014, the Ice Den community expanded with the addition of a second location in the southeast valley.

The **Ice Den Scottsdale**, is located at 9375 East Bell Road in north Scottsdale. Built in 1998 the building is a 150,000 sq. ft. state-of-the-art entertainment center. With its open-air design and triple NHL regulation surfaces, the world-class Ice Den facility is home to the NHL's Arizona Coyotes and host to nearly all other NHL teams who come through Arizona for their practice needs. The Ice Den is uniquely capable of fulfilling the diverse sports and entertainment needs for many Arizona families and businesses. In addition to hockey, the Ice Den also has become the premier skating venue for many national and international figure skating events, shows and competitions. However, it is not limited solely to ice activities. With a multi-purpose concrete floor under the 3rd sheet of ice, the Ice Den has grown alternate programming such as sports camps, lacrosse, soccer, flag football, yoga, corporate events and many, many more opportunities.

Amenities located within the Ice Den Scottsdale facility:



Coyotes Ice Sports – a full-service hockey and skating pro shop that features the hottest Coyotes apparel and souvenirs



Over Easy – breakfast diner



18 Degrees Neighborhood Grill – lunch, dinner, late night and carry out menu



Divalicious – affordable and fashionable women's clothing and accessories



Chilly Bean Café – full service snacks, concessions and specialty coffee



Mountainside Fitness Platinum Center – 20,000 sq. ft. training facility

In addition, the Ice Den Scottsdale offers a wide variety of recreational opportunities and programs including daily public skating, beginner to advanced skating programs, Coyotes Amateur Hockey Association (house and travel) youth hockey, Coyotes Adult

Hockey League, adult open hockey and adult stick time, private skating instruction, birthday parties, private ice parties, seasonal turf programming and much more.

The **Ice Den Chandler**, located at 7225 West Harrison Street (near the intersection of Ray Rd. and the I-10), is an 86,000 sq. ft. state-of-the-art entertainment center. During the summer of 2014 the underwent a \$5 million renovation focused on the two ice surfaces, flooring and lighting and the addition of new amenities including a fully redesigned restaurant and spectator viewing areas. The only difference between the Scottsdale and Chandler locations is that Chandler houses two NHL-regulation skating surfaces, both of which are built on concrete floors, allowing the flexibility to offer alternative programming similar to that in Scottsdale. Additionally, we are pleased to offer many of the enjoyable amenities that customers have come to know us for including a new fitness facility.

Amenities located within the Ice Den Chandler facility:



Chilly Bean Café – full service snacks, concessions and specialty coffee



Coyotes Ice Sports – a full-service hockey and skating pro shop that features the hottest Coyotes apparel and souvenirs



18 Degrees Express - an “express” version of 18 Degrees Neighborhood Grill: lunch, dinner, late-night and carry out menu

CAHL ADMINISTRATION & STAFF



Becky Conlon
CAHL Commissioner
CAHL Scottsdale Director
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As CAHL Commissioner, Becky is responsible for the overall operation of the CAHL. These operations include program development, league scheduling, game operations, team parity, end of season awards, rule and regulation development and enforcement, league correspondence, USA Hockey compliance and coordination with the referee association.

Kent McWherter
CAHL Chandler Director
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Kent is responsible for the daily operation of the CAHL Chandler and coordinates with the Commissioner for all program development, league scheduling, game operations, team parity, disciplinary actions, rule and regulation enforcement, league correspondence and coordination with additional CAHL staff.

The CAHL administration is staffed by Off-Ice Officials/Game Monitors. We also partner with specialized instruction and player development coaches to conduct various adult hockey clinics and classes throughout the year.

CAHL ON THE WEB

For instant access to all CAHL information, including league schedules, division stats, standings, team rosters, on-line registration, upcoming CAHL programs and tournaments, and all other important CAHL information and updates, check out www.coyotesice.com and www.coyotesicechandler.com.

CAHL DIVISIONS

Rules and regulations for all divisions are identical with the exception of a few variations for the Rattlers (Beginner) Division (see Rattlers Division Only section in Rules & Regulations). The caliber of play is the only difference between the various divisions. CAHL offers seven divisions of play:

Rattlers Division

The Rattlers Division is a beginner/learning league for those players with basic hockey skills and/or for those who have completed at least one Adult Hockey Skill session and are ready to advance to league play.

Icebreaker Division (Div. 1/Div. 2)

The Icebreaker Division is the level for recreational players who are no longer beginners but have limited playing experience at higher levels.

Crescent Moon Division (Div. 1/Div. 2)

The Crescent Moon Division is a fun and challenging league for players with intermediate skills.

Kachina Division

The Kachina Division is a competitive league for accomplished players with advanced skills.

Coyotes Division

The Coyotes Division is CAHL's elite level of play for expert level players who have played hockey at the highest levels of competition.

Greyhawk Division (Div. 1/Div. 2)

The Greyhawk Division is a quality over-30 league for intermediate players looking for a combination of good competition and a relaxed style of play.

Women's Division

The Women's Division is for women of all skill levels who prefer to play an all-female format.

USA HOCKEY MEMBERSHIP/CAHL REGISTRATION

USA HOCKEY MEMBERSHIP

In addition to league fees, all CAHL participants are required to register with USA Hockey and Arizona Amateur Hockey Association. USA Hockey provides supplemental accident insurance for covered medical expenses. The annual membership fee for USA Hockey Players/Coaches and AAHA is \$50 (subject to change annually) and is valid for all USA Hockey sanctioned leagues and programs from September 1 through August 31 each year. All CAHL participants are required to provide a printed copy of the registration confirmation page with barcode with their league registration.

REGISTRATION & “NO PAY = NO PLAY”

To be considered a registered CAHL player for each season, participants must complete all of the following steps prior to the stated deadline(s):

- Complete CAHL registration form and sign the waiver
- Register with USA Hockey and provide the printed registration confirmation page with barcode to CAHL
- Submit payment for all league fees
- Assignment to a CAHL team and listed on the official team roster

CAHL has a strict “No Pay = No Play” Policy. Any player not in compliance with any of the above items will be considered ineligible to play and will not be permitted on the ice. Teams that allow ineligible players to participate in league games shall have those games declared a forfeit and will risk suspension of the Team Captain.

TEAM FEE

Payment of league fees, completed registration forms and printed USA Hockey registration confirmation barcode pages for every roster listed player will be collected by the Team Captain and submitted with a minimum of one-half of the non-refundable team fee prior to the first game. The remaining balance is to be paid no later than the second game of the season. Players under this structure must be added to the roster by the Team Captain only and must meet the jersey policy requirements. Under the team fee structure, all individual season fees will be paid directly to the Team Captain; individual payments to the CAHL, payment plans or CAHL discounts will not apply.

REFUND/CREDIT POLICY

No refunds or credits will be granted to registrants who leave due to their own desire or failure to attend. Individuals refund/credit requests will be granted only in the event of an injury or major illness that prevents the player from participation in the CAHL or a permanent move out of the state of Arizona. All requests must be submitted in writing and must be accompanied by a physician's statement indicating the nature of the injury/illness and the start and end dates of restricted participation or a document that shows proof of out-of-state residence. Refund/credit requests with the required documentation will be submitted to the Ice Den Scottsdale Accounting Manager for approval and processing.

No refunds will be processed by the CAHL for players participating in a team fee structure.

PLAYER CODE OF CONDUCT AND LEAGUE POLICIES

PLAYER CODE OF CONDUCT

All members of the CAHL are required to conduct themselves in a professional and appropriate manner both on and off the ice while at the Ice Den facilities. The Ice Den is proud to be recognized as a premier family entertainment center and failure to uphold this standard is unacceptable and will not be tolerated. Violators may be subject to disciplinary action.

The following guidelines are to be adhered to at all times while at the Ice Den:

- 1) Foul language will not be tolerated
- 2) Players are to treat all facility employees with respect
- 3) Players are to dress in the locker rooms only
- 4) Hockey of any kind is to be played on the rinks only
- 5) Ice access is not permitted until the scheduled start of your game
- 6) No access to the ice until the Zamboni has exited the surface and Zamboni doors are closed

ZERO TOLERANCE

CAHL enforces a zero tolerance policy for abuse of officials, scorekeepers, CAHL Administration and facility employees. Abuse includes verbal, physical or otherwise. Abuse of officials will result in an immediate and indefinite suspension, pending a review by the CAHL Commissioner. Pending the outcome of this review the Ice Den and CAHL reserves the right to impose lifetime expulsion from activities at the Ice Den which may include all Ice Den properties.

LOCKER ROOM POLICY

Locker rooms at the Ice Den are automatically assigned to each team; however the locker rooms will remain locked until a team representative obtains the key from the Front Desk. Upon arrival the locker room should be clean and undamaged. Please inspect the room prior to use as the team will be held responsible for the condition. Teams generally have access to assigned locker rooms for 30 minutes prior to and 30 minutes following their scheduled games.

Each team is responsible for leaving the room clean and undamaged. It is recommended that the Team Captain ensures that the locker room is left in good condition upon leaving after the game.

Please take every precaution with your valuables. Even if the locker room is locked it is strongly recommended that you utilize the personal lockers located in each rink.

The Ice Den is not responsible for lost or stolen personal property.

ALCOHOL POLICY

Consumption of alcohol in the locker rooms, parking lots or other locations on the Ice Den premises (aside from the restaurant) is strictly prohibited.

DRUG POLICY

Drug abuse at the Ice Den is also strictly prohibited and violators will suffer expulsion from CAHL and will be subject to prosecution.

VANDALISM POLICY

The Ice Den properties are regarded as first class ice facilities. As members of CAHL, you are required to keep it this way. Any player/team found vandalizing any area or component of the Ice Den facilities will be suspended immediately and indefinitely and subject to disciplinary action which may result in expulsion from CAHL. In addition, violators will be responsible to pay for all damages sustained.

SECURITY & VIDEO CAMERAS

The Ice Den facilities are equipped with security cameras. These cameras along with on-site security personnel and facility employees are at the disposal of facility management and CAHL. These options will be utilized when applicable in the event of an incident and to also monitor general conduct.

Copies of security video are not made available to the general public. Access is only for the exclusive use of the Ice Den Management, league “proper authorities” and law enforcement.

GAME MANAGEMENT

SCORESHEETS – POINTSTREAK

Scorekeepers for all CAHL games will utilize the Pointstreak scoring system. This system not only reflects official rosters for all games but also allows players and fans to review player and team and individual stats, schedules, news and standings. Prior to each game, the Captains are required to verify their rosters with the scorekeepers, noting any player deletions, absences or approved substitutions for said game. The opposing team roster will also be available for inspection by each team.

At the conclusion of each game, the Captains are required to review Pointstreak and notify the CAHL Administration in writing of any discrepancies. The referees are responsible for reporting any major penalty or making other game notes requiring the attention of the CAHL Administration.

REFEREES

All CAHL games are refereed by USA Hockey certified referees. Referees have jurisdiction over all CAHL games and all appropriate USA Hockey rulings made by officials during a game will be supported by the CAHL Administration.

At no time shall a CAHL player confront a referee following a game. This includes but is not limited to accessing the Referee's Room. This room is reserved exclusively for the referees. Any player who violates this rule shall be subject to immediate disciplinary action and suspension from the CAHL. All complaints and concerns regarding games must be addressed through the Team Captain who will forward the information IN WRITING to the CAHL Administration following a mandatory 24-hour waiting period after the game in question. Failure to observe this 24-hour policy may result in player suspensions.

Note: Although you may not agree with every call made (or not made) by the referees, it is important to remember that as a player in the CAHL, you are responsible for conducting yourself in a professional and appropriate manner (see Player Conduct). The CAHL enforces a zero tolerance for Abuse of Officials (see Zero Tolerance).

SCOREKEEPERS

Scorekeepers will be provided for all CAHL games. Scorekeepers act as off-ice officials and are responsible for clock management and the official score sheets. Scorekeepers are also available for statements regarding on- and off-ice incidents.

NO REFEREES PRESENT FOR GAME

In the event no referees are present for a scheduled game, the game will be rescheduled at a later date. Teams may utilize the ice for half-ice practice or scrimmage. **All participants must be currently registered in the CAHL.** Full hockey gear including an HECC certified helmet is required to be worn during the ice usage. Disciplinary action may be taken for any team not complying with these requirements. Teams will be expected to monitor themselves during these times and may be subject to disciplinary action if incidents occur or ineligible players are allowed on the ice.

CAPTAINS AND ROSTERS

TEAM CAPTAINS

Each CAHL team is required to name one Captain and one Alternate Captain at the onset of each season. Captains are required to familiarize themselves with the online CAHL Handbook and will be required to agree to the terms and conditions outlined therein. Team Captains or a designated team representative are required to attend all mandatory league meetings scheduled by the CAHL Administration. **Every Captain must be a currently registered CAHL player in good standing.** Alternate Captains will assume the same responsibilities in the absence of the Captain.

Team Captains shall act as the team representative for all correspondence with the CAHL Administration. Player questions or concerns **MUST** be directed to the Team Captain first. If Captains are unable to provide clarification or solutions for player/team concerns, the Captain shall forward the player/team questions or concerns **in writing** to the CAHL Administration no sooner than the 24-hour waiting period after a game in question.

Captains are also responsible for a weekly review of the players listed on their team roster. Any discrepancies in player names or jersey numbers between the official score sheet and the Pointstreak roster must be reported to the CAHL Administration to be reconciled prior to the team's next scheduled game.

Additional Captains Duties

- Recruit and maintain a minimum roster of 13 paid-in-full players plus a goalie
- Enforce team jersey policy compliance for all team members and designated substitute players (see Jersey Policy)
- Verify team roster for name and number accuracy prior to every game
- Notify league administration in the event of a game cancellation or forfeit
- Provide all communication to the team regarding schedules/schedule changes, rule changes and enforcement, league business or news
- Act as liaison between team and on-ice officials during games as well as between team and administration outside of games
- Attend mandatory Captains meetings or assign a team representative to attend. Advance notification in writing must be provided designating the team representative. Lack of team representation at a mandatory meeting may result in a one-game suspension for the captain and/or designated representative

CAHL RULES & REGULATIONS

PLAYING RULES

USA Hockey Official Rules shall govern game play of all sanctioned CAHL games at the Ice Den facilities. Supplemental league rules apply as noted.

GAME TIMES

All CAHL games consist of 80 minutes of ice time. Game format includes a 4-minute warm up and (3) 15 minute stop-time periods. Due to scheduling efficiency, all games will start and end in accordance with the daily facility schedule.

RUNNING TIME

If a game is in jeopardy of completing within the allocated time slot, the scorekeeper shall inform the referee and the team captain that the game will proceed using the run time format. Scorekeepers are also instructed to run the time clock due to unnecessary delays. Referees can determine run time situations.

In the event of a 6+ goal differential, run time will be utilized no sooner than 10 minutes remaining in the third period and only when agreed upon by *both* team captains. Penalties during running time will begin at the next drop of the puck. Running time will not stop unless on-ice officials deem it necessary. Running time will not be restored to stop-time regardless of the score.

TIES/OVERTIME (Regular Season)

If the score is tied at the end of regulation play during the REGULAR SEASON, a shoot-out will commence with each team selecting three skaters to alternately attempt a penalty shot. The visitors will start and the home team will have the opportunity to answer a goal. If the game remains tied after the initial shoot-out, it then becomes a "sudden death" shoot-out with visitors shooting first. If the visitors score, home team gets a chance to answer the goal. Each player can only shoot once, unless one team runs out of players. If this occurs, the rotation can start over for both teams.

If a player is in the penalty box at the end of regulation play and has not served the full penalty, that player will not be eligible to participate in the shoot-out in either regular season or play-off games.

TIES/OVERTIME (Playoffs)

If a game is tied at the end of regulation play during the PLAY-OFFS, a 5-minute stop-time sudden death overtime period will commence. If the game remains tied after the OT period, a shoot-out will begin with each team selecting five skaters to alternately attempt a penalty shot. The visitors will begin and the home team will have the opportunity to answer a goal. If the game remains tied after the initial shoot-out, it then becomes a “sudden death” shoot-out with visitors shooting first. If the visitors score, home team gets a chance to answer the goal. Each player can only shoot once, unless one team runs out of players. If this occurs, the rotation can start over for both teams.

FORFEITS

In the event a team is forced to forfeit a game for any reason, the team representative shall notify the CAHL Administration with as much prior notice as possible. The opponent shall receive an automatic 1-0 victory. The opponent shall have the opportunity to utilize the allocated ice time for scrimmage. Full hockey gear including an HECC certified helmet is required to be worn during forfeited ice usage. Referees and scorekeepers are not available. **Only currently registered CAHL players are permitted on the ice during forfeited game slots.** Disciplinary action may be taken for any team allowing a non-registered player on the ice.

PLAYOFFS

Each CAHL season ends with playoffs. The playoff format, dates and times for each season as determined by the CAHL Administration will be distributed to the Team Captains and posted on the website. Upon scheduling the playoffs, the CAHL Administration will attempt to schedule games on regular divisional days of the week. However, these days are not guaranteed and teams may have to play on varying days.

GAME CANCELATIONS

Although amendments to the schedule are avoided at all costs, the Ice Den reserves the right to cancel or alter any CAHL game due to facility malfunction or other circumstances. In the event a game(s) must be canceled, facility management will notify the CAHL Administration immediately. The CAHL Administration will then notify the Team Captains of the affected teams as well as post messages on the website.

The CAHL staff will make every effort to contact the Team Captain or a representative, it is then the Team Captain's responsibility to notify all of their active players and inform them of the situation.

In the event a CAHL game(s) is canceled, the facility shall reschedule game(s) prior to the end of the season.

JERSEY POLICY

Prior to registering with the CAHL, each team must show proof that their team has a set of matching jerseys in a color unique to the division (or two sets - Home and Away jerseys), complete with permanent individual player numbers. Upon registering in the CAHL, any team that does not meet this requirement must make arrangements within three weeks of the start of the season. The CAHL Commissioner will work with Coyotes Ice Sports pro-shop to provide various jersey options to the team(s). Once the team can prove a jersey order has been placed, the CAHL will provide numbered "pull-over" jerseys that must be worn until the regular jerseys arrive. **Team goalies must wear the same color jersey as the team.** Every team must meet the team jersey requirement or proof of placing the order no later than the third week of the regular season.

Teams must provide a team jersey (with a permanently printed number) to any sub. If a team cannot supply a team jersey to the sub, the approved sub will be issued a numbered CAHL "pull-over" that must be worn during the game. The numbered "pull-over" will serve as a visual signal to the opposite team and the referees that said player is documented and has been approved by the CAHL to participate in said game.

PLAYER EQUIPMENT

In accordance with USA Hockey rules and enforced by the game referees, all CAHL players must wear full equipment including an HECC certified helmet. In addition to a certified helmet, a full facemask is also *highly recommended* for the safety of all participants.

RATTLERS DIVISION ONLY

In order to effectively promote the skill development within the beginners division, the Rattlers Division has a few exceptions to the league format as follows:

- The Rattlers Division will be managed by a CAHL Bench Coach who will float between benches during games to instruct teams and individual players on strategy, skills, positioning etc.

- Two referees and one scorekeeper will be provided for every game. The referees will offer verbal on-ice assistance when necessary for face-offs, positioning, penalties and other game/play information.
- Individual players will be limited to scoring 3 goals per game. Any subsequent goals by a player who has reached the 3 goal limit in one game will be disallowed and will be treated as an icing call with the face-off occurring in the shooting team's defensive zone. This rule is in effect during regulation play only. In the event of an overtime period or shoot-out, the 3-goal scorer will be eligible to participate and any goal scored will be counted.

All other rules and regulations will remain consistent with the rest of the league.

ROSTERS

All teams are allowed to roster a maximum of 17 players (including substitutes) plus one goalie. For the purposes of new player placement, CAHL considers a team as full when it reaches 15 registered skaters plus a goalie. A registered player constitutes a player that:

1. Completes all CAHL and USA Hockey registrations
2. Makes payment on all CAHL and USA Hockey fees
3. Assignment to a CAHL team and listed on the official team roster

Players ARE NOT considered a registered player if the above items are not complete. Failure of a player to comply with any of the above will result in forfeit of any upcoming games until the discrepancy is rectified or the forfeit of any wins said team may have incurred while playing with an ineligible player(s).

If any team does not have 13 registered players plus a goalie by the 2nd game of the season, the CAHL may assign players of appropriate skill level to their roster up to a total of 15 full time skaters. Roster spots will not be "held" for a player who may register later in the season.

The CAHL reserves the right to move any team or individual to ensure division parity. Team captains are responsible for making sure all fees have been paid and all players are in good standing. Failure of any player to register and/or pay league dues on time may result in player suspension and forfeiture of any games played as well as a one-game suspension of the team captain. All players must play a minimum of five (5)

regular season league games for the team they are registered for in order to qualify for the CAHL playoffs. All roster changes must be approved by the CAHL Administration and must be made in writing. **All rosters will be finalized (frozen) following the 10th game of the regular season.**

SUBSTITUTE GOALIES

In the event that a team needs to use a substitute goalie, the goalie must be registered with the CAHL as a substitute goaltender by filling out a registration form each season, providing a printed copy of their current USA Hockey confirmation number with barcode and signing the facility waiver prior to taking the ice. Every attempt must first be made to find a substitute goalie within the skill range of the division, if none are available then a team may utilize any available registered goalie with prior approval of the CAHL Administration.

SUBSTITUTE PLAYERS

Teams must meet minimum roster requirements of 13 full-time registered skaters plus a goalie prior to being eligible to add a maximum of 4 substitute players to their roster not to exceed the 17 skaters plus a goalie roster maximum. All substitute players MUST be properly registered with the CAHL and have paid all current USA Hockey fees. Substitute players may only play for one team per division per season. They must be designated by the team captain as a sub on the official team roster and must be assigned a team jersey with an individual printed number to be used only by that Sub during the season. Subs MUST purchase a non-refundable, non-transferable 5-game sub package for \$150 per team/per division in advance of participating in any game during a single season; additional packages can be purchased if the sub desires to play in more than 5 games for that team. Subs who have played all five regular season games and wish to purchase playoff games individually will be allowed to do so for a single playoff game rate of \$30 per game. *Single game or drop-in players are expressly prohibited in the CAHL.*

Approved CAHL substitutes are added to the pre-printed score sheet by the CAHL Administration ONLY. Any player who participates in a CAHL game without being approved and added to the score sheet will result in a forfeit of said team to any upcoming games until the discrepancy is rectified or the forfeit of any wins said team may have incurred while playing with an ineligible player(s). The Team Captain may also risk game suspension(s) for utilizing ineligible players.

- In addition, see *Jersey Policy*

CAHL ROSTER APPROVAL & PLACEMENT

For parity, the CAHL reserves the right to place individual players and teams in the appropriate skill division. During the season, the CAHL Administration will evaluate individual and team performance. When necessary, the administrators will meet with Team Captains to discuss potential team or player relocations for the upcoming season. The league administration will make recommendations to the Team Captain regarding roster adjustments (for competitive balance) and will provide ample time to determine what adjustments the team will make. Upon notice, the CAHL Administration will inform directly any player who will be relocated with the CAHL.

CAHL players wishing to play multiple teams per facility may be registered on only one team per division and may play no more than one skill division higher or lower than their primary team. Players are eligible to play in equivalent divisions in separate facilities.

DELETING PLAYERS

To delete a player from the roster, a request complete with explanation, and whether the team is willing to incur the additional player fees (if any) still owed to CAHL must be made in writing to the CAHL Commissioner. If the team knows of a replacement player, they must contact the CAHL Commissioner to officially add the player to the team roster. Efforts will be made to place the deleted player on another team in the appropriate division. With the exception of extreme circumstances, the player to be deleted will remain on the original roster until a roster spot on another team is secured.

Once the transaction is complete, the captain will be notified by the CAHL Commissioner informing him that the deletion has been approved. Teams not complying with this policy shall retain said player and will not have the ability to add players to their roster if they are carrying the maximum.

INELIGIBLE PLAYERS

Any team participating in a sanctioned CAHL game found using a player not on the official team roster or a player determined to be ineligible due to disciplinary reasons, shall forfeit games said player participated in. The Team Captain may also be issued an automatic 1-game suspension for the first offense, a 2-game suspension for the second offense and so on.

PENALTIES AND SUPPLEMENTAL DISCIPLINE

LEAGUE DISCIPLINARY ACTION

All disciplinary actions will be handled by the CAHL Administration in accordance with the rules mandated by USA Hockey and CAHL policies and procedures.

4 PENALTY RULE

Players committing any (4) penalties in one game shall be removed from the current game and subject to further suspension pending review of the penalty infractions by the CAHL Administration. During each season, players with multiple infractions of the 4 Penalty Rule are subject to more severe game suspensions and possible league expulsion pending review by the CAHL Commissioner.

ICE ACCESS

All teams are required to wait until the ice resurfer (Zamboni) has left the ice and the doors have been closed before proceeding to the ice surface or placing equipment (pucks/puck bags/etc.) on the ice surface. Any team who violates this policy will begin the game with a 2-minute bench minor for unsportsmanlike conduct.

GAME MISCONDUCT PENALTY

In accordance with USA Hockey, any player receiving a Game Misconduct is ejected from the current game and will be assessed a USA Hockey mandated one game suspension to be served during the player's next scheduled CAHL game. The CAHL Administration will automatically review the penalty and determine if it warrants additional league suspensions and/or other disciplinary action.

GROSS OR MATCH PENALTIES

According to USA Hockey, any player receiving a Gross or Match penalty shall be ejected from the current game and automatically suspended for 30 days or until a meeting is held and a ruling made by the USA Hockey State Affiliate and/or CAHL Commissioner. The State and/or the Commissioner also have the right NOT to meet within the 30-day time period. If this occurs, the player is reinstated after the 30th day. Gross Misconducts and Match penalties may result in league expulsion.

ACCRUED PENALTY MINUTES

Any player who is assessed 40 penalty minutes per roster spot in a single season will receive a 1-game suspension. This will be in addition to other suspensions that may have been imposed as a result of accruing those penalty minutes. If that player is subsequently assessed additional penalty minutes resulting in a total of 60 minutes for that season, a 3-game suspension will be assessed. Any player accruing 75 penalty minutes in one season, will be suspended from all league participation for the remainder of the season. Reinstatement for the following season will be at the sole discretion of the CAHL Commissioner.

FIGHTING

In an effort to protect our players, the CAHL has adopted a strict no-fighting policy. The CAHL Administration will support the on-ice decisions of the referees.

As with all penalties called by the officials, the CAHL administration will not overturn a USA Hockey Rule 615 Fighting penalty. In addition to the minimum USA Hockey suspension, upon review the CAHL administration will issue:

- 7-game minimum suspension for fighting with gloves on
- 10-game minimum suspension for fighting with gloves off

The Commissioner will review all fighting incidents to determine if further game suspensions and/or other disciplinary action including league expulsion is warranted. Conduct that persists following any game shall be subject to review and will be held to the same standard as above.

SPEARING, HEAD-BUTTING, KICKING or BUTT-ENDING

The CAHL considers the following to be very serious offenses and any player who is assessed one of these penalties will be suspended for a minimum of 5 games, pending review by the CAHL Commissioner.

Spearing is defined by USA Hockey as the act of poking an opponent with the tip of the blade of the stick while holding it with one or both hands.

Head-butting is defined by USA Hockey as the physical use of one's head in the course of delivering a body check (headfirst) in the chest, head, neck or back area or the physical use of the head to strike the opponent.

Kicking is the act of kicking or attempting to kick or using the skate to push off an opponent.

Butt-ending is the condition whereby a player uses the shaft of the stick above the upper hand to jab or attempt to jab an opposing player.

SUPPLEMENTAL DISCIPLINE PROCEDURE

Any violation or infraction requiring additional disciplinary action (other than Gross/Match Penalties) will be dealt with in the following manner:

Within 30 days of the violation or infraction, the CAHL Administration including the Commissioner and, if necessary, any other appropriate parties will conduct a meeting to review, discuss and render a decision regarding any such disciplinary action. The CAHL also has the right NOT to render a decision within the 30-day time period. If this occurs, the player is reinstated after the 30th day.

In the spirit of maintaining a fun, safe, recreational adult hockey league, players who commit penalties severe enough to require supplemental disciplinary action twice in a 12-month period may be expelled from the league for an extended period of time as determined by the CAHL Commissioner and Administration. Once the time has expired, the player must apply for reinstatement to the league.

ADDITIONAL ADULT HOCKEY PROGRAMS

ADULT STICK TIME/OPEN HOCKEY

Adult Stick Time is available at the Ice Den facilities for adults ages 18 and older. Each session is \$13 (price is subject to change) and is limited to the first 30 skaters. Sessions are also limited to a maximum of four goalies; goalies play for FREE. Goalies may be pre-assigned by contacting the Administration Desk; contact information can be found on the websites www.coyotesice.com or www.coyotesicehandler.com. All players must present valid ID and sign a facility waiver prior to each session. Full equipment is recommended; **an HECC certified hockey helmet and gloves is mandatory**. The Ice Den reserves the right to revoke participation rights to any player found in violation of this policy or for unsportsmanlike conduct. Private lessons, team practices and scrimmages are prohibited during Adult Stick Time.

Adult Open Hockey at the Ice Den facilities offers adults ages 18 and older the opportunity to develop their playing skills in a non-competitive environment. Each session is \$13 (price is subject to change) and is limited to the first 30 skaters. Sessions are also limited to 2 pre-assigned goalies and 2 drop-in goalies; goalies play for FREE. Goalies who wish to be pre-assigned need to contact the Administration desk; contact information can be found at www.coyotesice.com or www.coyotesicehandler.com. All players must present valid ID and sign a facility waiver prior to each session. Full equipment including a helmet is mandatory. The Ice Den reserves the right to revoke playing rights to any player found in violation of this policy or for unsportsmanlike conduct.

CAHL ADULT SKILLS PROGRAM

CAHL offers seasonal skill development programs and clinics for adults with little or no hockey experience through experienced players looking to improve their skills. These programs offer fundamental skill development, individual/team concepts and scrimmage play. The programs are recommended for new players preparing for league play and current players looking to enhance their hockey skills.

The Ice Den strives to produce a consistent schedule including morning and lunch-time sessions. However, due to building events including Coyotes and NHL practice schedules, times may vary. A monthly schedule with confirmed open hockey, stick time and skills sessions can be found online at www.coyotesice.com and www.coyotesicehandler.com.