



Youth House Rules

PYHL Game Format

Mite – U-16

All games are played using USA Hockey Playing Rules with the following exceptions:

- **All PYHL divisions are non-checking**
- All regular House League Mite games in Peoria, Gilbert and Chandler will be played using the blue pucks.
- All players should be ready to play 15 minutes prior to game time.
- If both teams are ready to play and the ice is available, we will start games early.

All PYHL games

3 – 12 minute periods

1 – 3 minute warm up

1 – 0:30 second time out (per game, per team)

- Running time will be enforced in the event of a 6 goal differential during the 3rd period. Running time will commence and will not stop for any reason other than due to injury, penalty abuses, time outs, etc.
- We encourage each team to provide penalty box attendants at each game. They must be over 18 in accordance with USA Hockey Regulations.
- No more than 4 coaches are permitted to be on the bench at game time. And must be registered with AAU.
- **NO PLAYER SUBS**
- If a player is not on the official roster, they are not allowed to participate in the game or practices.
- All goalie subs must be approved by the hockey directors.
- If an illegal sub is used, the game will be deemed a forfeit and the coach will be suspended for a minimum of one game.
- All PYHL games are Non-Checking.

No Check League Rules ***

2nd check penalty in season: 1 game suspension

3rd check penalty in season: 2 game suspension

4th check penalty in season: Suspension for the remainder of the season.